

# 4th Annual Metacognition & Mindfulness: A Regional Reading Apprenticeship Conference in Renton, WA March 9th-10th, 2018

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The 4th Annual Metacognition & Mindfulness: A Regional Reading Apprenticeship Conference was held at Renton Technical College on March 9th and 10th, 2018. More than 180 attendees participated in growing their teaching craft by attending sessions on literacy and math. There were sessions in ESL, math, literacy, mindfulness, and HSE 21 diploma. This conference truly serves to help faculty and staff consider their dispositions and ways of teaching literacy and an opportunity to network with peers. What is so exciting about this conference is that people discuss reading and their students in so many ways; furthermore, faculty are busy embedding the framework and routines into their coursework. This approach provides equity in the classroom and engages students at a personal and social level, so cognitive skills develop and knowledge-building happens in an active manner around metacognitive conversations.

The conference will return to RTC on March 8th and 9th, 2019.



*Michele Lesmeister is a College and Career Pathways Instructor and a State Leader in Reading Apprenticeship at Renton Technical College in Renton, Washington. She has a BA in Linguistics and a Master's degree in Teaching English. Since 1990, she has focused on teaching adults transferable language skills in writing and reading. Michele has two texts for Pearson education: Math Basics for the Health Care Professional, 5th ed. and Writing Basics for the Health Care Professional.*